Family Planning Service Uptake for Delaying and Spacing of Pregnancy among Married Adolescents (15-24) in East Wellega Zone Oromia region

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Out line of the presentation

• Background information about the target groups and study area

• Objective of the survey

• Methodology

• Major findings

• Concluding remarks and recommendation
Background information about the target groups and study area

- Ethiopia is a nation of young people. Over 65 percent of the population is under the age of 24 (MOH 2010)

- In Ethiopia, early marriage is a common practice. About 94 percent among sexually active adolescent girls aged 15-19 in rural area are married (UNICEF 2008)

- Young people in general and those of married adolescent girls and young women in particular have limited access to RH information and services
Background Cont’

- The baseline survey was carried out in 46 rural kebeles in seven woredas of East Wollega zone - Oromia region.

- Predominantly the Oromo people live in this area however other ethnic groups are also living in the area as result of the Former regime’s resettlement programs.

- Direct beneficiaries of this project are married adolescent girls aged 15-19 and young women aged 20-24. Other segments of the community, such as families of the married girls are indirect beneficiaries of this project.
Objective of the Study/Survey

General Objective:

Establish a benchmark status on the knowledge acquired and access adolescent married girls and young women have with regard to a range of reproductive health issues including family planning. This survey identifies important parameters that could help to reduce the supply gap and to increase the demand for SRH/FP services.
Specifically addressed issues:

- Assess adolescent girls’ and young women’s aged 15-24 Awareness, knowledge and attitude with regard to SRH/FP issues.

- Assess the practice of married adolescent girls and young women aged 15-24 with regard to use of family planning and other RH services.

- Investigate the community (in-laws) awareness and attitude regarding delaying and spacing births among adolescent married girls.

- Assess the economic, social and education status of married adolescents.

- Identify the type of support needed and key entry points for improved SRH and family planning.
Methodology

- Descriptive survey design

- Age and residence stratified random sampling and purposive sampling techniques.

- KII and FGDs carried out in each kebeles

- 18 kebeles out of 46 covered by the survey

- 400 married adolescent girls, 200 spouses and 100 in-laws interviewed with interviewer administered questionnaire

- 200 people composed of government officials, Health personnel, religious leaders and other influential people completed self administered questionnaires and engaged in KII
Major findings

I. Socio-economic characteristics of respondents

Age category

- Less than 15: 1%
- 15-19: 27%
- 20-24: 72%

Religion

- Orthodox: 20%
- Protestant: 35%
- Catholic: 43%
- Muslim: 1%
- Wakefeta: 0%
Finding Cont’

Age at first marriage

- 7-10 Years: 0.70%
- 11-14 years: 5.20%
- 15-18 years: 13.10%
- Above 18: 81%
Finding cont'

Age at first marriage and first pregnancy

- Above 19
- 16-18 years
- 13-15 Years

- First pregnancy for those married at 15-18 Years
- First pregnancy for those married at 11-14 Years
- First pregnancy for those married at 7-10 Years
Finding Cont’

Educational level

- Currently attending school: 2.40%
- 12 complete: 0.20%
- Grade 9-12: 4.70%
- Grade 5-8: 12.00%
- Grade 1-4: 18.00%
- Never attended any education: 64%
II. Married adolescent girls perception about use of family planning

Is family planning beneficial for married adolescent girls?

- Yes: 79%
- No: 14%
- I do not know: 8%
Finding Cont’

Views about preferred number of children and birth interval

Preferred number of children

- 1-2 children: 54.8%
- 3-4 Children: 21.0%
- 5 and more: 24.2%

Preferred years for spacing

- 1-3 Years: 57%
- 4-5 Years: 43%
Finding Cont’

III. Current Practice of family planning and income generating situation

Current use of family planning among married adolescent girls

- 15-18 with at least one child: 12%
- 15-19 married for less than 6 months: 0.7%
- 19-24 with at least one child: 31%

Source of information for family planning

- Health facilities and HEW: 73%
- Friends: 20%
- Spouse: 2%
- Radio/TV: 5%
Finding Cont’

Unmet need among interviewed married adolescent girls

- 15-19: 67%
- 20-24: 40%
- National: 20%

0% 10% 20% 30% 40% 50% 60% 70% 80%

15-19 20-24 National

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Finding Cont’

**Decision making process for contraceptive use**

- Health worker: 3%
- Self: 15%
- Husband: 27%
- Couple: 54%

**Major reasons for non-use of contraception**

- No access: 9%
- Absence of information: 19%
- Religion: 31%
- Partner do not allow: 42%
- Disagreement of in-laws: 68%
Finding Cont’

Knowledge about HIV/AIDS

- Yes: 91%
- No: 9%

Source of Information

- Health Facilities / HEW: 64%
- Radio: 23%
- Friends and parents: 14%
Finding Cont’

Present Income generating status

- Own means of income at present: 90%
- Have no means to own income: 10%

Wish to have own income

- Own means of income at present: 83%
- Have no means to own income: 17%
Conclusion and recommendation

• There is a need to increase awareness and create alliance with CBOs, religious organization, local health facilities and the community to improve FP service up take of married adolescent girls.

• Spouses and in-laws have a crucial role to play in the provision and utilization of family planning thus there is a need to address these segment of society.

• More than 70% of users of FP services obtain information about the service from health centers and health extension workers. However the facilities are more often very far from these group. Thus there is a need to use other modalities such as outreach and mobile services.

• Increasing the life skills and assertiveness of young married women is very important to improve FP uptake among adolescent married girls.

• There is a need to create demand among married girls aged 15-18.
Thank You