An Advocacy Approach for Scaling Up Best Practices in Pakistan

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Health Systems in Pakistan

- District
- District Headquarter Hospital
- Tertiary Health Care
- Tehsil (Sub District)
- Tehsil Headquarter Hospital
- Secondary Health Care
- Rural Health Center
- Basic Health Unit
- Community Level
- Community Midwife
- Lady Health Worker
- Union Council
- Services – CEmONC Staff Splt WMO, LHV
- Services – Basic EmONC Staff WMO, LHV
- Services – SBA Staff MO, LHV
- Pop: 100,000
- Pop: 10,000
- Pop: 5,000
- Pop: 1,000

Pop: 100,000
Pop: 10,000
Pop: 5,000
Pop: 1,000
Situation of FP & RH in Pakistan
Scaling up MNCH/FP Best Practices - 2007

Consensus Building - Advocacy Kit

Policy Seminar – Karachi Declaration
Moving forward from KHI Declaration

• Karachi Declaration and recommendations translated to implementable and workable Provincial and District Action Plans

• Support from Gates and Packard Foundations

• Project initiated by Pathfinder International

• Project Geographical Focus Areas – Punjab & Sindh

• Selected Best Practices:
  – Healthy Timing And Spacing of Pregnancy (HTSP)
  – Postabortion care (PAC)
  – New technologies
Challenges with Implementation

• The 18th Constitutional Amendment devolved Health and Population Welfare Ministries to Provinces
  – Punjab ban on workshops
  – Other provinces were indifferent

• The 2010 Pakistan floods of July 2010
  – Death-toll more than 3,000
  – 14 million people displaced

• Security concerns Balochistan and Khyber-Pakhtunkhwa
Scaling up of Best Practices in FP & RH

Provincial Dissemination Workshop

What the Workshop Achieved

- Sindh Workshop – Karachi, Oct’10 (23 Districts)
- Punjab Workshop (37 Districts)
  - Dissemination of technical information
  - Multan, Dec’10
  - Identification of issues and solutions
  - Islamabad, Feb’11
- Managers from Health and Population Welfare:
  - Balochistan Workshop – Quetta, Mar’11 (30 Districts)
  - Supported HTSP and PAC
- Khyber Pakhtunkhwa Workshop – Mar’11 (22 Districts)
  - Remarkable progress in:
    - Joint functions for monitoring,
    - Sharing information, and
    - Capacity building and utilizing resources within the Departments.
- Participants of the workshop were:
  - Federal Ministries of Health and Population Welfare (LHW and MNCH Programs)
  - Provincial Departments of Health and Population Welfare
  - District Health managers – EDO (Health), Focal Person for National Program (LHW),
  - MNCH District Coordinators, District Population Welfare Officer
- District Plans
  - 113 District Action Plans on Scaling up Best Practices in FP and PAC
  - Local non-governmental organizations
Framework for Planning

Identified Barriers:
- Lack of capacity of HCPs on HTSP & PAC
- Shortage in supply of FP Commodities
- Non-effective M&E

Planning Process
- Barriers
- Requirements
- Actions

Priorities

Demand Side
- Community
- Community Gatekeepers
- Community Level Workers
- Increase Awareness

Access

Supply Side
- Service Provision
- Human Resource
- Commodity Security

M&E
Project Layout: Scaling up of Best Practices in FP and RH, Provincial Dissemination Workshop

Pathfinder International
  - Planning Process
  - Curriculum Development
  - Training Modules
  - Capacity Building NGO

District
  - Action Plan
  - Designing
  - Implementation
    - Service Delivery
    - Community Mobilization
  - M & E
## District Action Plans

### Scaling up of Best Practices in FP and RH – Khyber-Pakhtunkhwa Province

#### Provincial Action Plan

<table>
<thead>
<tr>
<th>Activities and Tasks</th>
<th>Planned Targets</th>
<th>Responsibility</th>
<th>Remarks / Total Cost in PKR for a Period of One Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity 1:</strong> Strategic Objective 1: Provision of Family Planning and Reproductive Health Services at First Level Care Health Facilities (FLCFs)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Number of UHWs to be posted against vacant positions in RHC / BHU</td>
<td>2,305</td>
<td>✓</td>
<td></td>
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<tr>
<td><strong>Activity 2:</strong> Capacity Building of Human Resource on HTSP &amp; PAC – Training of Trainers</td>
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<td></td>
<td></td>
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<tr>
<td>Number of WMOs to be trained as MTs in HTSP and PAC Counseling &amp; Service Provision</td>
<td>85</td>
<td>✓</td>
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<tr>
<td>Number of UHWs to be trained as MTs in HTSP and PAC Counseling &amp; Service Provision</td>
<td>270</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td><strong>Activity 3:</strong> Capacity Building of Human Resource on HTSP &amp; PAC - Rollout Trainings</td>
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<tr>
<td>Task 1: Number of WMOs to be trained</td>
<td>166</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Task 2: Number of MOs to be trained</td>
<td>458</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Task 3: Number of UHWs to be trained</td>
<td>677</td>
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<tr>
<td>Task 4: Number of FFWWs to be trained</td>
<td>301</td>
<td>✓</td>
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<tr>
<td>Task 5: Number of CNMWs to be trained</td>
<td>999</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Task 6: Number of UHS to be trained</td>
<td>416</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Task 7: Number of UHWs to be trained</td>
<td>3,062</td>
<td>✓</td>
<td>✓</td>
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</tbody>
</table>
**Meeting Donors: Bridging the Resource Gap**

- WHO to include the District Plans for next funding round

- Punjab DOH:
  - Preparing a 5 year policy document on integrating FP and MNCH services
  - Revising LHW training module to include counseling skills on HTSP and PAC
  - E-monitoring to improve M&E at FLCF

- Gates Foundation supporting implementation of the plans in two districts – one each in Sindh and Punjab
Advocacy

• **Provincial Champions:**
  – Dr. Akhtar Rashid, Punjab
  – Dr. Sahib Jan, Sindh

• **Population Policy:**
  – Working with the Departments of Population Welfare in Punjab and Sindh
  – Developing 2012 Population Policy
  – Series of meetings with Policy Document for PWD and Health, and stakeholders
  – Timeline by February 2012
Capacity Building

• Curricula for: Pakistan Nursing Council and Lady Health Workers

• Training Manuals for: health care providers, religious leaders, and for secondary school teachers

• Trainings: (on HTSP and PAC)
  LHW trainers to be master trainers
  Training facility-based health care providers
  Roll-down training of LHWs
Monitoring & Evaluation

• Reports and returns:
  – Modified existing reporting formats for LHWs, LHS and service providers to include the additional information based on the new set of activities that LHWs and LHS are doing
  – Reporting forms for facility based providers and private sector providers are being developed.

• E-Monitoring:
  – Introduce E-tracking System
  – Introduce SMS Reporting System
Scaling-up of Project Activities and Developing Linkages

- Training modules approved and adopted by PNC, Provincial LHW and MNCH Programs
- UNFPA piloting the model in one district in their upcoming country plan
- Pathfinder as a member of Regional, National and Provincial Committees on PAC is working in expanding PAC services to mid level providers
Moving Forward

• Organizing Provincial Chapter of FP and RH Best Practices Committees in Punjab

• Facilitating the existing RH Provincial Committee in Sindh

• Piloting in three districts the strategic objectives of the District Action Plan.
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CHANGE STARTS HERE