From choice, a world of possibilities

Acceptance of Post-Abortion Contraception Among Young People in Mexico City

Jessie Clyde
Program Officer, Adolescents

International Conference on Family Planning

Dakar, Senegal
December 2, 2011
Background

- Mexico City legalized abortion in April 2007
- MEXFAM began providing abortion services to adolescents in 2008
- Since 2008, MEXFAM has increased provision threefold, providing just under 1,200 procedures in 2010
- 53% of these were provided to youth
MEXFAM - Strong History of Serving Youth

- 414,508 SRH (including contraceptive) services were provided to youth
- Young people (under age 25) comprised 67% of new users, 49% of contraceptive services, 27% of non-contraceptive SRH services and 55% of non-SRH services.
- Two thirds of emergency contraceptive services were provided to youth
Mexico
SRH Services Provided to Youth

<table>
<thead>
<tr>
<th>Year</th>
<th>Services (Number)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>370,682</td>
</tr>
<tr>
<td>2007</td>
<td>390,670</td>
</tr>
<tr>
<td>2008</td>
<td>303,425</td>
</tr>
<tr>
<td>2009B</td>
<td>415,891</td>
</tr>
<tr>
<td>2010</td>
<td>414,508</td>
</tr>
</tbody>
</table>
Introduction of abortion services to youth

- Includes legal abortion, referrals, PAC, harm reduction (outside of DF) and counseling

- Available in 4 clinics - including one clinic specifically designed for youth

- Data has been collected since 2008
Mexico
Abortion-Related Services Provided to Youth

<table>
<thead>
<tr>
<th>Year</th>
<th>Services Provided</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>1,261</td>
</tr>
<tr>
<td>2009</td>
<td>2,611</td>
</tr>
<tr>
<td>2010</td>
<td>2,474</td>
</tr>
</tbody>
</table>
MEXFAM’s youth friendly model for providing abortion services

- Integrated into other SRH services; choice of youth clinic or mixed clinic
- Trained staff and providers
- Rights-based; reflected in IEC materials
- Comfortable environment
- Strong counseling program
What does the counseling program include? (1)

- A professional development program for the counselors that includes bimonthly meetings with staff from all clinics
- Revision of difficult case studies
- Continuous training on issues such as sexual violence, autonomy, gender, etc.
What does the counseling program include? (2)

- Periodic monitoring visits and onsite supervision from the head counselor
- Wide range of contraceptives
- Data collection around reasons for not electing a method and for only using a condom
What were the results?

- Post-abortion contraceptive acceptance among youth
- Acceptance by method
- Example of Xola Clinic for Youth data
Post-Abortion Contraceptive Acceptance among Youth <25

- % post-procedure counseling sessions in which method accepted
- % of sessions in which long-term method accepted, of sessions in which method accepted

<table>
<thead>
<tr>
<th>Period</th>
<th>% of Sessions Accepting Method</th>
<th>% of Long-Term Method Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan-Jun 2009</td>
<td>92%</td>
<td>11%</td>
</tr>
<tr>
<td>Jul-Dec 2009</td>
<td>81%</td>
<td>31%</td>
</tr>
<tr>
<td>Jan-Jun 2010</td>
<td>77%</td>
<td>36%</td>
</tr>
<tr>
<td>Jul-Dec 2010</td>
<td>93%</td>
<td>34%</td>
</tr>
<tr>
<td>Jan-Jun 2011</td>
<td>88%</td>
<td>45%</td>
</tr>
</tbody>
</table>
Post-Abortion Contraceptive Acceptance among Youth <25, by Method

Jan-June 2009: 14% Condoms, 25% IUD, 31% Implant, 10% EC, 39% Injectable, 0% OCPs, 0% Patch

July-Dec 2009: 0% Condoms, 18% IUD, 39% Implant, 0% EC, 23% Injectable, 1% OCPs, 0% Patch

Jan-June 2010: 77% Condoms, 2% IUD, 1% Implant, 2% EC, 87% Injectable, 1% OCPs, 0% Patch

July-Dec 2010: 41% Condoms, 27% IUD, 81% Implant, 2% EC, 1% Injectable, 1% OCPs, 0% Patch

Jan-June 2011: 90% Condoms, 0% IUD, 145% Implant, 0% EC, 0% Injectable, 0% OCPs, 0% Patch

Note: Data is presented for different periods: Jan-June 2009, July-Dec 2009, Jan-June 2010, July-Dec 2010, Jan-June 2011.
Contraceptive use prior to abortion (1)

- Almost half (42%) reported using no methods or natural methods
- A similar proportion (39%) only used condoms
- Only 9% of clients reported using hormonal methods, 3% using an IUD and 9% using EC as a contraceptive method

Pie chart showing:
- 41% nothing
- 5% oral
- 1% injectable
- 3% IUD
- 39% condom
- 9% EC
- 9% ring
- 2% patch
Almost 2/3rds (63%) of clients chose a hormonal method
Almost 20% opted for an IUD
11% decided to only use condoms
8% did not choose a method
Reasons for choosing only condoms

- Didn’t like any other method
- Didn’t wish to use hormones
- Does not have a partner
Reasons for electing no method

- Undergoing treatment for HPV
- Undecided
- Will get contraceptives elsewhere
- Did not return for follow up
Next steps?

- Address issues brought up around reasons for non-acceptance
- Data on acceptance rates by procedure
- Achieve similar rates for harm reduction services
- Creative outreach for reminders
- Track longer term contraceptive use
GRACIAS!