



EngenderHealth
for a better life

IN ACTION



A GLOBAL CHAMPION OF REPRODUCTIVE HEALTH AND RIGHTS

EngenderHealth is a leading global women's health organization committed to ensuring that every pregnancy is planned, every child is wanted, and every mother has the best chance at survival. In nearly 20 countries around the world, we train health care professionals and partner with governments and communities to make high-quality family planning and sexual and reproductive health services available—today and for generations to come.

PROGRAM HIGHLIGHTS

EngenderHealth stands apart in our accomplishments in ensuring that reproductive health and family planning services uphold women's rights and are high-quality and sustainable.

We get results with our proven approach: We support health care providers to advance their training and skills, partner with communities to generate awareness, advocate for sexual and reproductive health policies and resources, and forge lasting partnerships at every level.

EngenderHealth has more than 70 years of experience across 110 countries. Ministries of Health, physicians and other health practitioners, donors, and policymakers look to us as thought leaders in the global health field.

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SNAPSHOTS OF PROGRESS

Because of EngenderHealth, last year:

- 6 million women received high-quality family planning and maternal health services at EngenderHealth-supported sites.
- 7 million people received vital health messages.
- 37,600 health care professionals were trained on family planning and reproductive health care.
- 8,000 hospitals and health centers were supported to deliver better care.

THE POWER OF CONTRACEPTION

Today, more than 225 million women worldwide want to avoid pregnancy but are not using birth control. Often, standing between a woman and contraception is the lack of a skilled nurse or doctor or a delayed shipment of contraceptives to the local health center, among other barriers.

EngenderHealth trains health care professionals to offer the best possible care and a range of voluntary family planning options, while educating communities about the benefits of contraception and partnering with governments to shore up supply chains so that women are never left empty-handed.

ADVANCING MATERNAL HEALTH

Every day, about 800 women around the world die from pregnancy- or childbirth-related complications. The majority of these deaths take place in developing countries, and 99% are preventable. EngenderHealth is committed to ensuring that every woman can carry a pregnancy safely to term and deliver a baby in the care of a trained professional.

EngenderHealth is training health care professionals to fill in the gaps where there are too few doctors, thereby saving lives, especially in rural areas. This includes increasing access to lifesaving postabortion care (and in places where abortion is legal, working with local providers to ensure that it is safe).

We are also helping to heal women living with fistula, a devastating condition resulting from prolonged obstructed labor. EngenderHealth leads the *Fistula Care Plus* project, the largest U.S. government-funded effort focused on preventing and treating fistula and restoring women's hope and dignity.

ENGAGING MEN AS PARTNERS

Men and gender norms can play a pivotal role in reproductive health, including choices about contraception, HIV, sexually transmitted infections, and gender-based violence.

EngenderHealth engages men to support women's health, seek out health services, and speak out against gender based violence and HIV through our award-winning initiatives, including Gender Matters in Texas.

IMPROVING ADOLESCENT HEALTH

Young people face particular health risks that prevent them from leading healthy lives. Adolescent girls bear the heaviest burden, experiencing early marriage and early childbearing, intimate partner violence, and unwanted pregnancies at alarming rates.

EngenderHealth ensures that reproductive health services are youth-friendly and that adolescents are aware of the services available to them. We educate young people about sexual and reproductive health and advocate for policies to ensure a safe environment for young people accessing health services.

For more information, please visit engenderhealth.org, e-mail us at info@engenderhealth.org or call 1-800-564-2872 or 212-561-8000.



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FAMILY PLANNING



When a woman has access to contraception, she is healthier, goes further in school, and is more likely to invest money back into her family. Today, 225 million women want to delay or avoid pregnancy but lack access to contraceptives and family planning information and services. Women encounter a variety of challenges in accessing contraception, including cultural restrictions, financial barriers, misinformation, and inadequate health care systems.

EngenderHealth trains health care professionals and ensures that hospitals and clinics are well-managed and equipped with essential supplies, so that women and men can receive quality family planning and reproductive health services. In partnership with governments and local organizations, we ensure that women have contraceptive choices and engage men to become champions against gender-based violence, promoting better health for families and communities.

“Family planning is the most important gift I have received. Now, I can send all of my children to school. My family is much happier, wealthier, and healthier—because of family planning.”—Almaz Kibri, Ethiopia

PROGRAM HIGHLIGHTS

Worldwide, we advocate for family planning programs that are designed, implemented, and monitored in a way that protects and fulfills human rights and puts women’s needs, desires, and preferences at the center. We are experts in ensuring informed choice, safe services, and women’s rights.

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LAST YEAR, ENGENDERHEALTH REACHED:

- 37,600 health care professionals with training on family planning information and services
- Nearly 6 million women and men with family planning services at supported sites
- 8,000 hospitals and clinics to deliver better care
- 7 million people with health messages

PROGRAM HIGHLIGHTS (continued)

In **Tanzania**, we are strengthening the national family planning program in partnership with the government by ensuring that women and couples have greater contraceptive options. We also are improving access to quality postabortion care, which is saving women's lives.

In **West Africa**, we are expanding access to family planning in Burkina Faso, Côte d'Ivoire, Mauritania, Niger, and Togo, where unmet need is the greatest. In addition to training health care providers in gender-sensitive and youth-friendly services, we are leveraging mobile technology to reach underserved communities and reducing financial barriers through partnerships with governments and local organizations.

In **India**, we are expanding access to a wider range of contraceptive options and bringing vital information and health services to adolescents. We train health care professionals on adolescents' health needs, educate young people, and advocate to ensure a safe environment for young people accessing health services.

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EngenderHealth launched the **Where's the Family Planning?! (WTFP?!)** campaign to raise awareness of the need for family planning around the globe. We partnered with Academy Award-winning actress Mira Sorvino for our campaign, which is inspiring millions of American women to take action in support of family planning.



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MATERNAL HEALTH



Every two minutes, a woman dies from complications related to pregnancy, childbirth, or unsafe abortion. Nearly all of these deaths—289,000 each year—occur in developing countries. And for every woman who dies in childbirth, another 20 to 30 survive but suffer devastating injuries, such as obstetric fistula. Nearly all of these deaths and injuries could be prevented if women had access to high-quality reproductive health care and simple lifesaving technologies.

OUR APPROACH

EngenderHealth trains health care professionals to provide high-quality prenatal and obstetric services, including preventing and treating childbirth complications such as eclampsia and postpartum hemorrhage, treating fistula, providing family planning, and offering HIV treatment and care, including prevention of mother-to-child transmission of HIV. We also ensure that hospitals and clinics are equipped with well-trained staff and supplies. We partner with governments and communities to expand access to family planning and to lifesaving postabortion care. (And in places where abortion is legal, we help ensure that it is safe.)

PROGRAM HIGHLIGHTS

Restoring Women's Hope and Dignity

EngenderHealth leads *Fistula Care Plus*— the largest U.S. government-funded effort focused on preventing and treating obstetric fistula, a devastating injury caused by prolonged, obstructed labor without timely access to cesarean section.

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"Women are not dying because of diseases we cannot treat. They are dying because societies have yet to make the decision that their lives are worth saving."

—Mahmoud Fathalla, MD, PhD, former EngenderHealth Board member

SNAPSHOTS OF PROGRESS

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PROGRAM HIGHLIGHTS (continued)

In addition to equipping health facilities, EngenderHealth trains health care professionals to surgically repair fistula, provide high-quality obstetric services, and counsel clients. We also work with communities to promote prenatal care and assisted delivery, raise awareness of fistula, and reduce its stigma in Bangladesh, the Democratic Republic of the Congo, Niger, Nigeria, and Uganda. We also work in Guinea with support from private funders. To date, EngenderHealth has supported more than 27,000 fistula repair surgeries, in partnership with institutions and medical teams in 14 countries.

Improving Access to Safe Abortion

An estimated 47,000 women die from complications of unsafe abortion every year. In some parts of the world, unsafe abortion accounts for one-third of maternal deaths. The deaths and disabilities can be prevented with safe abortion, post-abortion care, and quality family planning services.

EngenderHealth's ABRI project is working to reduce maternal death and disability in Ethiopia by increasing contraceptive use and expanding access to comprehensive abortion care—services that can save mothers' lives and enable women to freely determine the timing, spacing, and number of children they have. To increase women's access to these services, we strengthen the links between health facilities and communities by building referral systems, powered by a network of community health workers and volunteers who are trained by EngenderHealth.

In Tanzania, EngenderHealth is training doctors and midwives to provide postabortion care, and decentralizing services so that women can receive

treatment at local health centers close to where they live—which can be a matter of life or death. In places where abortion is legal, EngenderHealth trains health care professionals to ensure that services are safe.

Preventing Postpartum Hemorrhage

Postpartum hemorrhage (excessive bleeding following birth) is the leading cause of maternal death. In Bangladesh, where 85% of births occur at home without skilled birth attendants, EngenderHealth worked to prevent and treat postpartum hemorrhage and other childbirth complications. We trained government and nongovernmental health workers to distribute the lifesaving drug misoprostol to pregnant women, which helped contribute to a 40% drop in maternal deaths in Bangladesh during the past decade.

Expanding Access to Contraception

Research shows that about 100,000 women who die every year from a preventable pregnancy-related complication did not want to be pregnant in the first place. In nearly 20 countries, EngenderHealth is increasing women's contraceptive access so that getting pregnant will not cost them their lives.

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